

List of All Chemicals

P Pimenta dioica (Myrtaceae)

Common name(s)

Pimento; Clover-Pepper; Allspice; Pimenta; Jamaica-Pepper

How used

Food

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Plant Part	Low PPM	High PPM	StdDev	*Reference
1,8-CINEOL	Leaf Essent. Oil	--	--		*
1,8-CINEOLE	Leaf	--	51.0	-0.52	*

Activities (67)

(-)-Chronotropic 87 n/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
(-)-Inotropic 87 n/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Acaricide LC100=6 uM	
Allelopathic	
Allergenic	
Anesthetic	
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiacetylcholinesterase IC50=41 ug/ml	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacterial 50 ppm	
Antibronchitic	
Anticariogenic	
Anticatarrh	Martindale's 29th
Anticholinesterase IC50=50-70	
Antifatigue	
Antihalitosis	American Health, 12(4): 17, 1993.
Antiinflammatory	
Antilaryngitic	
Antinociceptive	
Antipharyngitic	
Antiplateau	
Antirheumatic	
Antirhinitic	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antisinusitic	
Antispasmodic	
Antistaphylococcic 50 ppm	
Antitussive	
Antiulcer	
CNS-Stimulant	
Candidicide	
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Choleretic	
Convulsant	
Counterirritant	Martindale's 29th
Cytochrome-P450-Inducer	
Decongestant	
Degranulant 0.3 ul/ml	
Dentifrice	Martindale's 29th

Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
FLavor FEMA 1-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	
Gram(+)-icide	
Gram(-)-icide	
Hepatotonic	
Herbicide IC50=78 uM	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Hypotensive	
Inflammatory inj	
Insectifuge	
Irritant	Rinzler, C. A. 1990. <i>The Complete Book of Herbs, Spices and Condiments.</i> Facts on File, New York. 199 pp.
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Neurotoxic	
P450-Inducer	
Pediculicide 2.3 x pyrethrin	
Perfume	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Rubefacient	Martindale's 29th
Secretagogue	
Sedative	
Spasmogenic	
Surfactant	
Testosterone-Hydroxylase-Inducer	
Transdermal	
Trichomonicide LD100=1,000 ug/ml	

1,8-CINEOLE Fruit -- 142.0 -0.42 *

Activities (67)

(-)-Chronotropic 87 nI/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
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Antibacterial 50 ppm	
Antibronchitic	
Anticariogenic	
Anticatarrh	Martindale's 29th
Anticholinesterase IC50=50-70	
Antifatigue	
Antihalitotic	American Health, 12(4): 17, 1993.
Antiinflammatory	
Antilaryngitic	
Antinociceptive	
Antipharyngitic	
Antiplaque	
Antirheumatic	
Antirhinitic	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antisinusitic	
Antispasmodic	
Antistaphylococcic 50 ppm	
Antitussive	
Antiulcer	

Candidicide	
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
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Decongestant	
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FLAVOR FEMA 1-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
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Gastroprotective	
Gram(+)-icide	
Gram(-)-icide	
Hepatotonic	
Herbicide IC50=78 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
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Inflammatory inj	
Insectifuge	
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Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
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P450-Inducer	
Pediculicide 2.3 x pyrethrin	
Perfume	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Rubefacient	Martindale's 29th
Secretagogue	
Sedative	
Spasmogenic	
Surfactant	
Testosterone-Hydroxylase-Inducer	
Transdermal	
Trichomonicide LD100=1,000 ug/ml	

1-OCTEN-3-OLE	Fruit	--	--		*
10-(ALPHA)-CADINOL	Fruit	66.0	1000.0	-1.0	*
10-EPI-(ALPHA)-CADINOL	Plant	--	--		*
10-EPIZONARENE	Plant	--	--		*
2-METHYL-BUTANOL	Plant	--	--		*
2-METHYL-BUTYL-ACETATE	Fruit	--	3.0		*
3-OCTANON	Fruit	--	--		*
4,8-EPOXYTERPINOLENE	Plant	--	--		*
ACETONE	Plant	--	--		*

Activities (3)

Allergenic	
CNS-Depressant	Martindale's 29th
Narcotic	Martindale's 29th

ALLO-AROMADENDRENE	Leaf Essent. Oil	--	--		*
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AROMADENDRENE

ALLO-AROMADENDRENE	Leaf	--	12.0	-0.2	*
ALPHA-CADINENE	Plant	--	--		*
ALPHA-COPAENE	Leaf Essent. Oil	--	--		*
ALPHA-GURJUNENE	Fruit	--	42.0		*
ALPHA-GURJUNENE	Leaf Essent. Oil	--	--		*
ALPHA-GURJUNENE	Leaf	--	5.0	-0.58	*
ALPHA-HUMULENE	Leaf Essent. Oil	--	--		*

Activities (2)

- Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (*Eugenia caryophyllata*) As Potential Anticarcinogenic Agents. *Journal of Natural Products* 55(7): 999-1003, 1992.
- Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

ALPHA-HUMULENE	Fruit	--	405.0	-0.4	*
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Activities (2)

- Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (*Eugenia caryophyllata*) As Potential Anticarcinogenic Agents. *Journal of Natural Products* 55(7): 999-1003, 1992.
- Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

ALPHA-MAALIENE	Plant	--	--		*
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ALPHA-MUUROLENE	Leaf Essent. Oil	--	--		*
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ALPHA-MUUROLENE	Fruit	--	315.0	-0.38	Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.</i>
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ALPHA-MUUROLENE	Leaf	--	45.0	1.65	Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.</i>
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ALPHA-P-DIMETHYL-STYRENE	Fruit	--	15.0	-1.16	*
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ALPHA-P-DIMETHYL-STYRENE	Leaf	--	9.0	-0.0	*
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ALPHA-PALUSTRINE	Plant	--	--		*
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ALPHA-PHELLANDRENE	Fruit	--	6.0	-0.57	*
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Activities (11)

- Antibacterial Wright, C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
- Antistaphylococcic Wright, C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
- Dermal Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.
- Emetic
- FLavor FEMA 10-130 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
- Fungicide Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. *Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)*, 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
- Insectiphile Pakistan Encyclopedia Planta Medica. 1986.
- Irritant Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.
- Laxative
- Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.
- Pesticide

ALPHA-PHELLANDRENE	Leaf	--	59.0	-0.27	Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.</i>
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Activities (11)

- Antibacterial Wright, C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
- Antistaphylococcic Wright, C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus

Dermal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
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Insectiphile	Pakistan Encyclopedia Planta Medica. 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Laxative	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

ALPHA-PHELLANDRENE	Leaf	--	--	*	
	Essent.				
	Oil				

Activities (11)	
Antibacterial	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antistaphylococcic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Dermal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Emetic	
FLavor FEMA 10-130	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Insectiphile	Pakistan Encyclopedia Planta Medica. 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Laxative	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

ALPHA-PINENE	Fruit	--	14.0	-0.72	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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Activities (28)	
Allelochemic	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Coleoptophile	
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.
FLavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide 0.82 uM/fly	
Insectifuge 50 ppm	
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-PINENE	Leaf	--	20.0	-0.22	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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Activities (28)	
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Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Coleoptophile	
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.
Flavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide 0.82 uM/fly	
Insectifuge 50 ppm	
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-PINENE Leaf -- -- *

Essent.

Oil

Activities (28)

Allelochemic	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
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P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-SANTALENE Plant -- -- *

Activities (3)

Antimalarial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Antiplasmodial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

ALPHA-SELINENE Leaf -- -- *

Essent.
Oil

Activities (3)

Antimalarial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
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Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

ALPHA-SELINENE Leaf -- 45.0 0.11 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (3)

Antimalarial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Antiplasmodial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

ALPHA-TERPINENE Leaf -- 11.0 -0.31 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (13)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacetylcholinesterase IC50=1.0 mM	
Antinitrosaminic	
Antispasmodic	
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 0.86 uM/fly	
Insectifuge	
P450-2B1-Inhibitor IC50=0.76 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	

ALPHA-TERPINENE Fruit -- 3.0 -0.44 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (13)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacetylcholinesterase IC50=1.0 mM	
Antinitrosaminic	
Antispasmodic	
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 0.86 uM/fly	
Insectifuge	
P450-2B1-Inhibitor IC50=0.76 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	

ALPHA-TERPINEOL Plant -- -- *

Activities (23)

ACE-Inhibitor 100 ug/ml (weak activity)

Allopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M,(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.			
Antiacne				
Antibacterial MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.			
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.			
Anticariogenic MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.			
Antiinflammatory				
Antiproliferant				
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Cicatrizant ED50=240 ug/g mus				
Flavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Insecticide 1.29 uM/fly				
Interleukin-6- Inhibitor				
Mosquitofuge > Deet				
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC			
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.			
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Pesticide				
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC			
Termiticide IC100=5 mg/g				
Transdermal				
Vulnerary ED50=240 ug/g mus				

ALPHA-THUJENE	Leaf	--	20.0	-0.42	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
ALPHA-THUJENE	Fruit	--	14.0	-0.58	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
ALUMINUM	Plant	--	110.0	-0.54	*

Activities (5)

Antisilicotic	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antivaginitic	Martindale's 28th
Candidicide	Martindale's 28th
Encephalopathic	Martindale's 29th
Pesticide	

AR-CURCUMENE	Plant	--	--		*
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Activities (3)

Antirhinoviral IC50=1,750?	Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger (Zingiber officinale). Journal of Natural Products, 57(5): 658-662, 1994.
Antiulcer IC45=100 mg/kg	Yamahara, J., et al. Stomachic principles in ginger. II. Pungent and anti-ulcer effects of low polar constituents isolated from ginger, the dried rhizoma of... Yakugaku Zasshi 112: 645-655 (1992).
Antiviral IC50=1,750?	Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger (Zingiber officinale). Journal of Natural Products, 57(5): 658-662, 1994.

AROMADENDRENE	Plant	--	--		*
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Activities (3)

Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cancer- Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Pesticide	

ASCORBIC-ACID	Leaf	2012.0	2067.0	-0.25	*
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Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	

AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	
AntiRaynaud's 500 mg 1-2x/day	
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplasic 1,000-2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antienometriotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzomo, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileptic 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antioesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoarthritic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic 500 mg/day	
Antioxidant 100 ppm	

Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipoliomyelitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipyretic	Economic & Medicinal Plant Research, 6: 189.
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASCORBIC-ACID Fruit -- 426.0 -0.26 *

Activities (112)

Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Analgesic 5-10 g/day	
Angiotensin-Receptor-Blocker	
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 500-1,000 mg	
AntiCTS 1,000 mg 3x/day	
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th
AntiLyme 500-2,000 mg	

Antiaagregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiaging 400 mg/day	
Antiallergic	
Antialzheimeran 2,000-6,000 mg/day	
Antiarthritic 0.2-1 g/day	
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiatherosclerotic	
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anticataract 1 g 3x/day	
Anticervicaldysplasic 1,000-2,000 mg/day	
Anticlimacteric 500-5,000 mg/day	
Anticold 1-2 g/man/day	
Antidecubic 500 mg/man/2x/day	Martindale's 28th
Antidementia	
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Paraquat)	Martindale's 28th
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiencephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antienometriotic 2,000 mg/day	
Antifatigue 500-1,000 mg	
Antifibrotic 1,000-2,000 mg	
Antigallstone 1,000-3,000 mg/day	
Antigastritic	
Antigingivitic	
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 1,000 mg	
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.
Antiherpetic 1-5 g/day	
Antihistaminic 2 g/day orl man	
Antihypertensive	
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileptic 1.5 g/man/day	Martindale's 28th
Antilithic 1,000-3,000 mg/day	
Antimaculitic	
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 500-5,000 mg/day	
Antimigraine	Martindale's 29th
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuramidase	
Antinitrosic 1 g/man/day	Martindale's 28th
Antioesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoarthritis 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoporotic 500 mg/day	
Antioxidant 100 ppm	
Antiparkinsonian 1 g 2-3x/day	
Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antipoliomyelitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiretinotic	
Antirheumatic	
Antirhinitic 1,000 mg 3x/day	
Antiscorbutic 10 mg/man/day	Martindale's 28th
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antispasmodic 500-5,000 mg/day	
Antistress 500-1,000 mg	
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Gastric)	
Antitumor (Lung)	
Antiulcer	
Antiviral 1-5 g/day	
Apoptotic 1-10 mM	
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Adrenergic Receptor Blocker	
Beta-Glucuronidase-Inhibitor 1.5 g/day/man	
Calcium-Antagonist	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Collagenic	
Detoxicant	
Diuretic 700 mg/man/orl	
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 1,000 mg/man/day	
Immunomodulator	
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Mucolytic 1 g/woman/day	Martindale's 28th
Pesticide	
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Urinary-Acidulant	Martindale's 29th
Vasodilator	
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

ASH	Leaf	76000.0	89000.0	-0.53	*
BARIUM	Plant	--	20.0	-1.38	*
BETA-CAROTENE	Fruit	--	4.0	-0.14	*

Activities (53)

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplasic	
Anticoronary 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthyotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphotophobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrinic 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiulcer 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquit	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

BETA-CAROTENE Leaf 103.0 120.0 -0.62 *

Activities (53)

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplasic	
Anticoronary 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthyotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	

Antiphotophobic 30-300 mg/man/day	Martindale's 29th
Antipityriasic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphyrhic 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. HortScience, 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	
Antitumor (CNS) IC43=45 ug/ml	
Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	
Antiulcer 12 mg 3x/day/man/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 15,000-25,000 IU/day	
Antixerophthalmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

BETA-CARYOPHYLLENE Leaf -- -- *

BETA-COPAENE Plant -- -- *

BETA-ELEMENE Plant -- -- *

Activities (5)

Anticancer (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antigliomic	
Antiproliferant	
Antitumor (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Apoptotic	

BETA-HUMULENE Fruit -- 405.0 *

BETA-PHELLANDRENE Plant -- -- *

Activities (3)

Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Perfumery	Merck 11th Edition

BETA-PHELLANDRENE Fruit -- -- *

Activities (3)

Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Perfumery	Merck 11th Edition

BETA-PINENE Plant -- -- *

Allergenic	
Antiinflammatory	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antispasmodic	
Candidicide	
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Transdermal	

BETA-SELINENE Plant -- -- *

Activities (3)

Antimalarial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Antiplasmodial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

BETA-SITOSTEROL Fruit 570.0 590.0 -0.02 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Activities (47)

Androgenic	
Angiogenic	
Anorexic	Martindale's 28th
Antiadenomic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomic	
Antimutagenic 250 ug/ml	
Antiophidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. African Ethnobotany - Poisons and Drugs. Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	

Gonadotrophic					Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Hepatoprotective					
Hypocholesterolemic 2-6 g/man/day/orl					Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl					Martindale's 28th
Hypoglycemic					Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. Journal of Ethnopharmacology, 27: 243-275, 1989.
Hypolipidemic 2-6 g/day					
Pesticide					
Spermicide					Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. Journal of Ethnopharmacology, 28: 221-234, 1990.
Ubiquit					Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat					

BORON Fruit 9.0 25.0 -0.3 Betting on Boron, Unpublished draft by J. A. Duke on file at USDA, draft and papers relating to boron percentages. Includes Internat. Z. Vit. Em. Forschung 43:1973 (boron).

Activities (4)

Androgenic 3 mg/man/day
 Antiosteoarthritis Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antiosteoporotic 3 mg/man/day
 Estrogenic 3 mg/man/day

CADMIUM Plant -- 0.05 -0.82 *

Activities (3)

Hypertensive Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
 Lithogenic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
 Nephrotoxic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

CALAMANENE Fruit -- 90.0 *

CALAMENENE Fruit -- 90.0 -0.59 *

CALCIUM Leaf 10056.0 11166.0 -0.5 *

Activities (28)

AntiPMS 1 g/day
 Antiallergic 500 mg/day
 Antianxiety Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antiarrhythmic 500-1,500 mg
 Antiarthritic 1,000 mg/day
 Antiatherosclerotic 500 mg/day Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Anticlimacteric 1,000-1,500 mg/day
 Antidepressant Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antidote (Aluminum) Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antidote (Lead) Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antihyperkinetic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antihypertensive
 Antiinsomniac Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antimenopausal 1,000-1,500 mg/day
 Antiobesity
 Antiosteoporotic 500-2,000 mg/day
 Antiperiodontitic 750 mg/day Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antirheumatic 1,000 mg/day
 Antistress 500-1,500 mg/day
 Antitic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Anxiolytic 500-1,500 mg/day
 Calcium-Channel-Blocker
 Diuretic
 Hypocholesterolemic 500 mg/day Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Hypotensive 1 g/day Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Laxative 1,000-1,200 mg
 Tranquilizer 500-1,500 mg/day
 Vasodilator

CALCIUM Fruit 7224.0 8000.0 0.96 *

AntiPMS 1 g/day	
Antiallergic 500 mg/day	
Antianxiety	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg	
Antiarthritic 1,000 mg/day	
Antiatherosclerotic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day	
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Aluminum)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day	
Antiobesity	
Antiosteoporotic 500-2,000 mg/day	
Antiperiodontitic 750 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day	
Antistress 500-1,500 mg/day	
Antitict	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day	
Calcium-Channel-Blocker	
Diuretic	
Hypocholesterolemic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg	
Tranquilizer 500-1,500 mg/day	
Vasodilator	

CALCIUM-OXALATE Fruit -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Activities (4)

Emetic
Inflammatory
Laxative
Lithogenic

CAMPESTEROL Fruit -- 10.0 -0.57 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Activities (2)

Antioxidant IC37=10 uM
Hypocholesterolemic Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

CARBOHYDRATE Plant 749000.0 757000.0 0.76 *

CARBOHYDRATES Plant 749000.0 757000.0 0.54 *

CARYOPHYLLENE Fruit -- 1341.0 -0.36 *

Activities (31)

Aldose-Reductase-Inhibitor
Allergenic
Analgesic Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiacne
Antiasthmatic Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antibacterial
Anticariogenic MIC=>1,600 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antidermatitic
Antiedemic Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antifeedant 500 ppm Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Antiinflammatory IC50=100 uM Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antileishmanic
Antionychyotic Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.

Antispasmodic	
Antistaphylococcic	
Antistreptococcic	
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (<i>Eugenia caryophyllata</i>) As Potential Anticarcinogenic Agents. <i>Journal of Natural Products</i> 55(7): 999-1003, 1992.
Antiulcer	Taylor, Leslie. 2005. <i>The Healing Power of Rainforest Herbs</i> . SquareOne Publisher, Garden City Park, NY. 519 pp.
Candidicide	
FLavor FEMA 20-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	Taylor, Leslie. 2005. <i>The Healing Power of Rainforest Herbs</i> . SquareOne Publisher, Garden City Park, NY. 519 pp.
Insectifuge	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.
Larvicide	
Mosquitocide	
Perfumery	Merck 11th Edition
Pesticide	
Sedative	
Termitifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CARYOPHYLLENE Leaf -- 760.0 -0.24 *

Activities (31)

Aldose-Reductase-Inhibitor	
Allergenic	
Analgesic	Taylor, Leslie. 2005. <i>The Healing Power of Rainforest Herbs</i> . SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiacne	
Antiasthmatic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antibacterial	
Anticarcinogenic MIC=>1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against <i>Streptococcus mutans</i> . <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Antidermatitic	
Antiedemic	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (<i>Lavandula latifolia</i> Vill.)2). <i>Chem. Pharm. Bull.</i> 38(8): 2283-2284, 1990.
Antifeedant 500 ppm	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds</i> . (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Antiinflammatory IC50=100 uM	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (<i>Lavandula latifolia</i> Vill.)2). <i>Chem. Pharm. Bull.</i> 38(8): 2283-2284, 1990.
Antileishmanic	
Antionychotic	Taylor, Leslie. 2005. <i>The Healing Power of Rainforest Herbs</i> . SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiproliferant	
Antispasmodic	
Antistaphylococcic	
Antistreptococcic	
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (<i>Eugenia caryophyllata</i>) As Potential Anticarcinogenic Agents. <i>Journal of Natural Products</i> 55(7): 999-1003, 1992.
Antiulcer	Taylor, Leslie. 2005. <i>The Healing Power of Rainforest Herbs</i> . SquareOne Publisher, Garden City Park, NY. 519 pp.
Candidicide	
FLavor FEMA 20-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	Taylor, Leslie. 2005. <i>The Healing Power of Rainforest Herbs</i> . SquareOne Publisher, Garden City Park, NY. 519 pp.
Insectifuge	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.
Larvicide	
Mosquitocide	
Perfumery	Merck 11th Edition
Pesticide	
Sedative	
Termitifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CARYOPHYLLENE-ALCOHOL Plant -- -- *

Activities (1)

FLavor FEMA 5-50	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
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CARYOPHYLLENE-ALDEHYDE Plant -- -- *

CARYOPHYLLENE OXIDE

Activities (8)

Antiedemic	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antifeedant	Bettarini, F., Borgonovi, G.E., et al. 1991. Antiparasitic Compounds from East African Plants: Isolation and Biological Activity of Anonaine, Matricarianol, Canthin-6-One and Caryophyllene Oxide. Insect Sci. Applic. 14(1): 93-99, 1993.
Antiinflammatory	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' (Lavandula latifolia Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (Eugenia caryophyllata) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Calcium-Antagonist ED50=32 uM gpg	
Fungicide	
Insecticide	Bettarini, F., Borgonovi, G.E., et al. 1991. Antiparasitic Compounds from East African Plants: Isolation and Biological Activity of Anonaine, Matricarianol, Canthin-6-One and Caryophyllene Oxide. Insect Sci. Applic. 14(1): 93-99, 1993.
Pesticide	

CATECHINS	Fruit	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
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Activities (1)

Tyrosine-Kinase-Inhibitor

CHAVICOL	Fruit	1400.0	2400.0	1.39	*
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Activities (3)

Fungicide	
Nematicide	HerbalGram No. 17.
Pesticide	

CHAVICOL	Leaf	--	--		*
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Activities (3)

Fungicide	
Nematicide	HerbalGram No. 17.
Pesticide	

CHROMIUM	Plant	--	5.0	-0.4	*
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Activities (24)

Amphiglycemic?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiAGE 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 200 ug	
Antiacne	
Antiaging 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiatherosclerotic 20 ug/day	
Anticorneotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 200-1,000 ug	
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue 200 ug	
Antiglycosuric 200-1,000 ug	
Antiobesity 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 200-800 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitriglyceride 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Cardioprotective	
Energizer	
Hypocholesterolemic 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypocholesterolemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	

Memorigenic

CINEOLE	Plant	--	690.0	-0.55	*
CINNAMALDEHYDE	Plant	--	--		*

Activities (60)

Acaricide					
Adrenergic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Allelochemic IC100=2.5 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.				
Allergenic					
Anesthetic	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.				
Antiaggregant 200 uM	Economic & Medicinal Plant Research, 5: 343.				
Antibacterial MIC=250-1,000 ug/ml					
Antienterococcic MIC=250 ug/ml					
Antiescherichic MIC=500 ug/ml					
Antiherpetic					
Antiinflammatory	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.				
Antiklebsjelllic MIC=1,000 ug/ml					
Antileukemic					
Antimutagenic	HerbalGram No. 24, page 40.				
Antipneumonic MIC=1,000 ug/ml					
Antipseudomonic MIC=1,000 ug/ml					
Antipyretic					
Antisalmonella MIC=500 ug/ml					
Antispasmodic					
Antistaphylococcic MIC=250 ug/ml					
Antiulcer 500 mg/kg/orl					
Antiurease					
Antiviral					
CNS-Depressant	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
CNS-Stimulant	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
COX-2-Inhibitor IC50=245 uM					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Candidicide MIC=16-40 ppm					
Choleretic 500 mg/kg/orl					
Chronotropic					
Circulatory-Stimulant					
Cyclooxygenase-Inhibitor	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.				
Cytotoxic ED50=5-60 ug/ml					
FLavor					
Fungicide 1.7-250 ppm					
Fungicide MIC=16-40 ppm					
Herbicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Histaminic					
Hypoglycemic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Hypotensive	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Hypothermic					
Inotropic					
Insecticide	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Irritant	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.				
Lipoxygenase-Inhibitor	Hutchings, A, Scott, AH, Lewis, G, and Cunningham, A. 1996. Zulu Medicinal Plants. An inventory. University of Natal Press, Pietermaritzburg. 450 pp.				
Monoaminergic					
Mutagenic					
Nematicide 100 ug/ml	Shoyakugaku Zasshi, 44: 183.				

Pesticide
 Sedative
 Sprout-Inhibitor Duke, J.A.. Personal Communication.
 Teratogenic
 Termiticide LD96=1 mg/g
 Termiticide LD100=5 mg/g
 Tranquillizer
 Tyrosinase-Inhibitor ID50=129 ug/ml
 Tyrosinase-Inhibitor ID50=970 uM
 Vasodilator
 Vibriocide MIC=250 ug/ml

CIS-3-HEXENOL Plant -- -- *

Activities (1)

FLavor FEMA 1-5 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

CIS-ALPHA-BERGAMOTENE Plant -- -- *

CIS-BETA-OCIMENE Leaf Essent. Oil -- -- *

CIS-OCIMENE Plant -- -- *

Activities (3)

Antibacterial Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
 Antistaphylococcic Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
 Fungicide Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.

COBALT Plant -- 0.05 -0.48 *

Activities (2)

Cardiomyopathogenic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Erythrocytogenic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

CONIFERALDEHYDE Fruit Essent. Oil -- -- *

CONIFERALDEHYDE Leaf Essent. Oil -- -- *

COPAENE Fruit -- 15.0 -0.71 *

Activities (1)

Carminative

COPAENE Leaf -- 9.0 -0.63 *

Activities (1)

Carminative

COPPER Bud 5.0 10.0 USDA's Ag Handbook 8 and sequelae)

Activities (12)

Antianemic
 Antiarthritic
 Antidiabetic 2-4 mg/day Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antifatigue
 Antiinflammatory Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antinociceptive Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antiosteoporotic
 Cardioprotective

Hypocholesterolemic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunomodulator					
Schizophrenigenic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

CUBENENE	Plant	--	--		*
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CYCLOSATIVENE	Plant	--	--		*
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DELTA-3-CARENE	Fruit	--	30.0	-0.56	*
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Activities (8)

Allergenic?					
Antibacterial					Revista Itiliana Eppos, 12: 5, 1994.
Antiinflammatory ipr					Internat. J. Oriental Med. 15(4): 194, 1990+
Dermatitigenic					
Flavor FEMA					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge					Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant					
Pesticide					

DELTA-CADINENE	Leaf	--	50.0	-0.25	*
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Activities (9)

Aldose-Reductase-Inhibitor					
Antiacne					
Antibacterial MIC800 ug/ml					Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticariogenic MIC800 ug/ml					Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antistreptococcic					
Cytochrome-P450-Inducer					
P450-Inducer					
Pesticide					
Testosterone-Inducer					

DELTA-CADINENE	Fruit	--	51.0	-0.46	*
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Activities (9)

Aldose-Reductase-Inhibitor					
Antiacne					
Antibacterial MIC800 ug/ml					Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticariogenic MIC800 ug/ml					Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antistreptococcic					
Cytochrome-P450-Inducer					
P450-Inducer					
Pesticide					
Testosterone-Inducer					

DELTA-CADINENE	Leaf Essent. Oil	--	--		*
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Activities (9)

Aldose-Reductase-Inhibitor					
Antiacne					
Antibacterial MIC800 ug/ml					Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticariogenic MIC800 ug/ml					Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antistreptococcic					
Cytochrome-P450-Inducer					
P450-Inducer					
Pesticide					
Testosterone-Inducer					

DELTA-SELINENE	Plant	--	--		*
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DOCOSANE	Plant	--	--		*
DODECANE	Plant	--	--		*
EICOSANE	Plant	--	--		*
EIXOSANE	Plant	--	--		*
EO	Leaf	7500.0	12500.0	0.08	*
EO	Fruit	20000.0	50000.0	0.15	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
EPICUBENOL	Plant	--	--		*
EPIGLOBULOL	Plant	--	--		*
ETHYL-BENZOATE	Plant	--	--		*

Activities (1)

FLavor FEMA 2-60 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

EUGENOL Leaf 8348.0 12000.0 0.59 *

Activities (76)

Acaricide LD50=5.47 ug/sq
cm cf DEET at 37.59 ug/sq
cm

Allergenic

Analgesic Merck 11th Edition

Anesthetic 200-400 Phytotherapy Research, 4: 93.

AntiTNF

Antiaggregant IC50=0.3 uM Phytotherapy Research, 4: 93.

Antiarachidonate

Antibacterial 500 ppm Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.

Antibacterial MBC=400 ug/ml

Anticonvulsant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antiedemic 100 Phytotherapy Research, 4: 95.

Antiestrogenic

Antifeedant Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Antigenotoxic 50-500 mg/kg
orl mus

Antiherpetic IC50=16.2-25.6
ug/ml

Antiinflammatory (11 uM)
IC~97=1,000 uM

Antikeratotic IC50=16.2-25.6
ug/ml

Antimitotic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

Antinitrosating

Antioxidant IC65=30 ppm

Antioxidant 10 uM

Antiprostaglandin 11 uM

Antiprostaglandin IC50=9.2
mM

Antipyretic 3 ml/man/day

Antiradicular EC50=2 u/l

Antisalmonella MIC=400
ug/ml

Antiseptic 3 ml/man/day

Antiseptic 400 ug/ml

Antispasmodic Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Antistaphylococcic Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. Artemisia. 344 pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191 pp. Southwell, J., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.

Antithromboxane Lawrence Review of Natural Products, Jul-87.

Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (*Eugenia caryophyllata*) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.

Antiulcer

Antiviral IC50=16.2-25.6
ug/ml

Apifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CNS-Depressant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

COX-1-Inhibitor IC97=1 000

COX-2-Inhibitor IC ₅₀ =1,000 uM	
COX-2-Inhibitor IC ₅₀ =129 uM	
Calcium-Antagonist IC ₅₀ =224 uM	
Calcium-Antagonist IC ₅₀ =200 uM gpg	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Phytotherapy Research, 4: 93.
Carcinogenic?	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Choleretic	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 25 ug/ml	Phytotherapy Research, 4: 93.
Dermatitogenic	
Enterorelaxant	J. Aromatherapy 4: 22.
Flavor FEMA 10-500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Hepatoprotective 100 ppm	
Herbicide	
Insecticide	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvicide	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=2,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Neurotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Prostaglandin-Synthesis-Inhibitor 1 mM rbt	Chen, S. J., Wang, M. H., Chen, I. J. 1996. Antiplatelet and Calcium Inhibitory Properties of Eugenol and Sodium Eugenol Acetate. Gen Pharmacol, 27(4): 629-633.
Prostaglandin-Synthesis-Inhibitor IC ₅₀ =9.2 uM	
Sedative	
Termiticide LD100=5 mg/g	
Trichomonicide LD100=300 ug/ml	
Trichomonistat IC ₅₀ =10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Trypsin-Enhancer	Lawrence Review of Natural Products, Dec-93.
Ulcerogenic	Phytotherapy Research, 4: 93.
Varroacide	
Vasodilator	
Vermifuge	

EUGENOL Fruit 3500.0 36000.0 1.41 *

Activities (76)

Acaricide LD ₅₀ =5.47 ug/sq cm cf DEET at 37.59 ug/sq cm	
Allergenic	
Analgesic	Merck 11th Edition
Anesthetic 200-400	Phytotherapy Research, 4: 93.
AntiTNF	
Antiaggregant IC ₅₀ =0.3 uM	Phytotherapy Research, 4: 93.
Antiarachidonate	
Antibacterial 500 ppm	Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.
Antibacterial MBC=400 ug/ml	
Anticonvulsant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiedemic 100	Phytotherapy Research, 4: 95.
Antiestrogenic	
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antigenotoxic 50-500 mg/kg orl mus	
Antiherpetic IC ₅₀ =16.2-25.6 ug/ml	
Antiinflammatorv (11 uM)	

Antikeratotic IC50=16.2-25.6 ug/ml	
Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antinitrosating	
Antioxidant IC65=30 ppm	
Antioxidant 10 uM	
Anti prostaglandin 11 uM	
Anti prostaglandin IC50=9.2 mM	
Antipyretic 3 ml/man/day	
Antiradicular EC50=2 u/l	
Antisalmonella MIC=400 ug/ml	
Antiseptic 3 ml/man/day	
Antiseptic 400 ug/ml	
Antispasmodic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antistaphylococccic	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants-Industrial Profiles. Artemisia. 344pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191pp. Southwell, J., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.
Antithromboxane	Lawrence Review of Natural Products, Jul-87.
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (Eugenia caryophyllata) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Antiulcer	
Antiviral IC50=16.2-25.6 ug/ml	
Apifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
CNS-Depressant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
COX-1-Inhibitor IC97=1,000 uM	
COX-2-Inhibitor IC>97=1,000 uM	
COX-2-Inhibitor IC50=129 uM	
Calcium-Antagonist IC50=224 uM	
Calcium-Antagonist IC50=200 uM gpg	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Phytotherapy Research, 4: 93.
Carcinogenic?	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Choleretic	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 25 ug/ml	Phytotherapy Research, 4: 93.
Dermatitogenic	
Enterorelaxant	J. Aromatherapy 4: 22.
FLavor FEMA 10-500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Hepatoprotective 100 ppm	
Herbicide	
Insecticide	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvicide	
Motor-Depressant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=2,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Neurotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Prostaglandin-Synthesis-Inhibitor 1 mM rbt	Chen, S. J., Wang, M. H., Chen, I. J. 1996. Antiplatelet and Calcium Inhibitory Properties of Eugenol and Sodium Eugenol Acetate. Gen Pharmacol, 27(4): 629-633.
Prostaglandin-Synthesis-Inhibitor IC50=9.2 uM	
Sedative	
Termiticide LD100=5 mg/g	
Trichomonicide LD100=300 ug/ml	
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Trypsin-Enhancer	Lawrence Review of Natural Products, Dec-93.

Varroacide
Vasodilator
Vermifuge

EUGENOL Flower -- 543000.0 *
Essent.
Oil

Activities (76)

Acaricide LD50=5.47 ug/sq
cm cf DEET at 37.59 ug/sq
cm

Allergenic

Analgesic Merck 11th Edition

Anesthetic 200-400 Phytotherapy Research, 4: 93.

AntiTNF

Antiaggregant IC50=0.3 uM Phytotherapy Research, 4: 93.

Antiarachidonate

Antibacterial 500 ppm Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.

Antibacterial MBC=400 ug/ml

Anticonvulsant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antidemic 100 Phytotherapy Research, 4: 95.

Antiestrogenic

Antifeedant Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Antigenotoxic 50-500 mg/kg
ori mus

Antiherpetic IC50=16.2-25.6
ug/ml

Antiinflammatory (11 uM)
IC~97=1,000 uM

Antikeratotic IC50=16.2-25.6
ug/ml

Antimitotic Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

Antinitrosating

Antioxidant IC65=30 ppm

Antioxidant 10 uM

Antiprostaglandin 11 uM

Antiprostaglandin IC50=9.2
mM

Antipyretic 3 ml/man/day

Antiradicular EC50=2 uM

Antisalmonella MIC=400
ug/ml

Antiseptic 3 ml/man/day

Antiseptic 400 ug/ml

Antispasmodic Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Antistaphylococcal Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants-Industrial Profiles. Artemisia. 344pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191pp. Southwell, I., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.

Antithromboxane Lawrence Review of Natural Products, Jul-87.

Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (Eugenia caryophyllata) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.

Antiulcer

Antiviral IC50=16.2-25.6
ug/ml

Apifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CNS-Depressant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

COX-1-Inhibitor IC97=1,000
uM

COX-2-Inhibitor IC>97=1,000
uM

COX-2-Inhibitor IC50=129 uM

Calcium-Antagonist
IC50=224 uM

Calcium-Antagonist
IC50=200 uM gpg

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Candidicide Phytotherapy Research, 4: 93.

Carcinogenic? Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Carminative Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.

Choleretic

Cytotoxic 25 ug/ml	Phytotherapy Research, 4: 93.
Dermatitogenic	
Enterorelaxant	J. Aromatherapy 4: 22.
FLavor FEMA 10-500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Hepatoprotective 100 ppm	
Herbicide	
Insecticide	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvicide	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=2,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Neurotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benficent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Prostaglandin-Synthesis-Inhibitor 1 mM rbt	Chen, S. J., Wang, M. H., Chen, I. J. 1996. Antiplatelet and Calcium Inhibitory Properties of Eugenol and Sodium Eugenol Acetate. Gen Pharmacol, 27(4): 629-633.
Prostaglandin-Synthesis-Inhibitor IC50=9.2 uM	
Sedative	
Termiticide LD100=5 mg/g	
Trichomonicide LD100=300 ug/ml	
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Trypsin-Enhancer	Lawrence Review of Natural Products, Dec-93.
Ulcerogenic	Phytotherapy Research, 4: 93.
Varroacide	
Vasodilator	
Vermifuge	

EUGENOL Leaf -- 792400.0 1.14 *

Essent.

Oil

Activities (76)

Acaricide LD50=5.47 ug/sq cm cf DEET at 37.59 ug/sq cm	
Allergenic	
Analgesic	Merck 11th Edition
Anesthetic 200-400	Phytotherapy Research, 4: 93.
AntiTNF	
Antiaggregant IC50=0.3 uM	Phytotherapy Research, 4: 93.
Antiarachidonate	
Antibacterial 500 ppm	Valnet, J. 1982. The Practice of Aromatherapy. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.
Antibacterial MBC=400 ug/ml	
Anticonvulsant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiedemic 100	Phytotherapy Research, 4: 95.
Antiestrogenic	
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antigenotoxic 50-500 mg/kg orl mus	
Antiherpetic IC50=16.2-25.6 ug/ml	
Antiinflammatory (11 uM) IC~97=1,000 uM	
Antikeratotic IC50=16.2-25.6 ug/ml	
Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antinitrosating	
Antioxidant IC65=30 ppm	
Antioxidant 10 uM	
Antiprostaglandin 11 uM	
Antiprostaglandin IC50=9.2 mM	

Antiradicular EC50=2 u/l	
Antisalmonella MIC=400 ug/ml	
Antiseptic 3 ml/man/day	
Antiseptic 400 ug/ml	
Antispasmodic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antistaphylococcic	Wright, C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles Artemisia.344pp.Maffeï,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antithromboxane	Lawrence Review of Natural Products, Jul-87.
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (<i>Eugenia caryophyllata</i>) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Antiulcer	
Antiviral IC50=16.2-25.6 ug/ml	
Apifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
CNS-Depressant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
COX-1-Inhibitor IC97=1,000 uM	
COX-2-Inhibitor IC>97=1,000 uM	
COX-2-Inhibitor IC50=129 uM	
Calcium-Antagonist IC50=224 uM	
Calcium-Antagonist IC50=200 uM gpg	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Phytotherapy Research, 4: 93.
Carcinogenic?	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Choleretic	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 25 ug/ml	Phytotherapy Research, 4: 93.
Dermatitigenic	
Enterorelaxant	J. Aromatherapy 4: 22.
FLavor FEMA 10-500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Hepatoprotective 100 ppm	
Herbicide	
Insecticide	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvicide	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=2,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Neurotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Prostaglandin-Synthesis-Inhibitor 1 mM rbt	Chen, S. J., Wang, M. H., Chen, I. J. 1996. Antiplatelet and Calcium Inhibitory Properties of Eugenol and Sodium Eugenol Acetate. Gen Pharmacol, 27(4): 629-633.
Prostaglandin-Synthesis-Inhibitor IC50=9.2 uM	
Sedative	
Termiticide LD100=5 mg/g	
Trichomonicide LD100=300 ug/ml	
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Trypsin-Enhancer	Lawrence Review of Natural Products, Dec-93.
Ulcerogenic	Phytotherapy Research, 4: 93.
Varroacide	
Vasodilator	
Vermifuge	

EUGENOL-METHYL- Fruit 8000.0 22500.0 *

ETHER

Activities (5)

CNS-Depressant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

preventive					
DNA-Binder	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Hypothermic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Myorelaxant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

EUGENOL-METHYL-ETHER	Leaf	--	--		*
	Essent.				
	Oil				

Activities (5)					
CNS-Depressant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
DNA-Binder	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Hypothermic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Myorelaxant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

FAT	Leaf	36000.0	41000.0	-0.31	*
FIBER	Leaf	175000.0	179000.0	0.22	*

Activities (15)					
Angiotensin-Receptor-Blocker					
Antidiabetic					
Antihypertensive					
Antiobesity					
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antiulcer	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Beta-Blocker					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Cardioprotective					
Diuretic					
Hypocholesterolemic					
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Hypouricemic					
Laxative					
Vasodilator					

FLUORINE	Plant	--	5.0	-0.82	*
FUFUROL	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
FURFURALDEHYDE	Plant	--	--		*
GAMMA-CADINENE	Fruit	--	51.0	-0.08	*
GAMMA-CADINENE	Leaf	--	50.0	0.07	*
GAMMA-TERPINENE	Leaf	--	17.0	-0.34	*

Activities (11)					
ACE-Inhibitor 100 ug/ml (weak activity)					
Acaricide					
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.				
Antiacetylcholinesterase IC23=1.2 mM					
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Antioxidant	Jim Duke's personal files.				
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					

Essent.
Oil

Activities (11)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacetylcholinesterase IC23=1.2 mM	
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Antioxidant	Jim Duke's personal files.
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

GAMMA-TERPINENE Fruit -- 35.0 -0.64 *

Activities (11)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacetylcholinesterase IC23=1.2 mM	
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Antioxidant	Jim Duke's personal files.
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

GERANYL-ACETATE Plant -- -- *

Activities (5)

Allergenic	
FLavor FEMA 1-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Sedative	Jim Duke's personal files.

GLOBULOL Fruit -- 33.0 1.0 *

GLYCOSIDES Fruit -- -- Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

HEPTADECANE Plant -- -- *

HEPTANAL Plant -- -- *

HEXADECANE Plant -- -- *

HEXANOL Plant -- -- *

Activities (3)

Antiseptic	
FLavor FEMA 0.2-25	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

HUMULENE-EPOXIDE-I Plant -- -- *

HUMULENE-EPOXIDE-II Plant -- -- *

INTERMEDIOL Plant -- -- *

IRON Fruit 60.0 85.0 -0.19 *

Activities (6)					
Antiakathisic			Martindale's 29th		
Antianemic			Martindale's 29th		
Anticanker					
Anticheilitic			Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antimenorrhagic 100 mg/day/wmn/orl			Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Prooxidant					

IRON Leaf 76.0 95.0 -0.68 *

Activities (6)					
Antiakathisic			Martindale's 29th		
Antianemic			Martindale's 29th		
Anticanker					
Anticheilitic			Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antimenorrhagic 100 mg/day/wmn/orl			Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Prooxidant					

ISOCARYOPHYLLENE Plant -- -- *

Activities (1)					
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				

ISOEUGENOL Plant -- -- *

Activities (16)					
Allergenic					
AntiTNF					
Antiaggregant IC50=0.72 uM	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.				
Antiinflammatory					
Antioxidant IC79=30 ppm					
Antitumor					
Bacteristat					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Candidistat					
Cytotoxic 25 ug/ml	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.				
Fungistat 100 ug/ml	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.				
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Motor-Stimulant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Pesticide					
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				

ISOEUGENOL Leaf Essent. Oil -- -- *

Activities (16)					
Allergenic					
AntiTNF					
Antiaggregant IC50=0.72 uM	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.				
Antiinflammatory					
Antioxidant IC79=30 ppm					
Antitumor					
Bacteristat					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Candidistat					
Cytotoxic 25 ug/ml	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.				
Fungistat 100 ug/ml	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.				

Depressant	Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC			
Motor-Stimulant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC			
Pesticide				
Sedative	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC			
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.			

ISOQUERCITRIN Fruit -- -- *

Activities (22)

ACE-Inhibitor ID50=300 ug/ml rat (24 hr.)				
Aldose-Reductase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Anticancer				
Antielastase IC50=0.7 ug/ml				
Antifeedant	Russell, G. B., Phytochemical resources for crop protection, N. Z. J. Technol., 2, 1986, 127-134.			
Antiinflammatory				
Antinociceptive				
Antioxidant 1/4 quercetin				
Antioxidant IC50=9.0 uM				
Antiradicular 1/4 quercetin				
Antitumor				
Antitumor-Promoter				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Capillarigenic				
Diaphoretic				
Diuretic 10 ppm	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.			
Hypotensive	Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. Chem. Pharm. Bull. 38(4): 1049-1052, 1990.			
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Pesticide				
TNF-alpha-Inhibitor				
Topoisomerase-II-Inhibitor 550 ug/ml	Bernard, F. X., Sable, S., Cameron, B., Provost, J., Desnottes, J. F., Crouzet, J., Blanche, F. 1997. Glycosylated Flavones as Selective Inhibitors of Topoisomerase IV. Antimicrobial Agents & Chemotherapy, 41: 992-998.			

ISOVALERALDEHYDE Plant -- -- *

Activities (1)

FLavor FEMA 0.5-5	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry			
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LEAD Plant -- 0.8 -0.55 *

LEDENE Fruit -- 237.0 * *

LEDOL Plant -- -- * *

LIMONENE Fruit -- 28.0 -0.75 *

Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.			
Acaricide LC100=8 uM				
Allelochemic				
Allergenic 1/20th carene				
Antiacetylcholinesterase IC22-26=1.2 mM				
Antiadenomic				
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.			
Antiasthmatic				
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.			
Anticancer				
Antiesophagitic				
Antifeedant				
Antiflu	Economic & Medicinal Plant Research, 5: 195.			
Antiinflammatory				
Antilithic				

Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterocontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LIMONENE Leaf -- -- *

Essent.

Oil

Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	

Antilymphomic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterocontractant	J. Aromatherapy 4: 22.
Expectorant	
Flavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LIMONENE Leaf -- 15.0 -0.43 *

Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	

Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterocontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LINALOL	Leaf	--	5.0	-0.44	*
LINALOOL	Leaf Essent. Oil	--	--		*

Activities (53)

Acaricide C90=<15 u/l (= <15 ppm)	
Allergenic	
Analgesic	
Anesthetic 0.01-1 ug/ml	
Antiacetylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticolic	
Anticonvulsant 200 mg/kg ipr mus	

Antiglutamaergic	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	
Antileukemic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antilymphomic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimange	
Antimite	
Antimutagenic	
Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.
Antiviral	
Barbituate-Synergist	
Bronchorelaxant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Flavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
Hypothermic	
Insecticide LC50=156-194 mg/l	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide LC50=156-194 mg/l	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi, R., Buttery, R.G and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Sedative 200 mg/kg ipr mus (1% as active as diazepam)	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Trichomonicide LD100=600 ug/ml	
Tumor-Promoter	

LINALOOL Leaf -- 5.0 -0.64 *

Activities (53)

Acaricide C90=<15 u/l (= <15 ppm)	
Allergenic	
Analgesic	
Anesthetic 0.01-1 ug/ml	
Antiacetylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticolic	
Anticonvulsant 200 mg/kg ipr mus	
Antiedemic	
Antiglutamaergic	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	

Antilymphomphic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimange	
Antimite	
Antimutagenic	
Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.
Antiviral	
Barbituate-Synergist	
Bronchorelaxant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Flavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
Hypothermic	
Insecticide LC50=156-194 mg/l	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide LC50=156-194 mg/l	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Sedative 200 mg/kg ipr mus (1% as active as diazepam)	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Trichomonicide LD100=600 ug/ml	
Tumor-Promoter	

LINALOOL Fruit -- 42.0 -0.57 *

Activities (53)

Acaricide C90=<15 u/l (= <15 ppm)	
Allergenic	
Analgesic	
Anesthetic 0.01-1 ug/ml	
Antiacetylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticolic	
Anticonvulsant 200 mg/kg ipr mus	
Antiedemic	
Antiglutamaergic	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	
Antileukemic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antilymphomphic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimange	

Antimutagenic	
Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.
Antiviral	
Barbituate-Synergist	
Bronchorelaxant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidostat	
Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Flavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
Hypothermic	
Insecticide LC50=156-194 mg/l	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide LC50=156-194 mg/l	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi, R., Buttery, R.G and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Sedative 200 mg/kg ipr mus (1% as active as diazepam)	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Trichomonicide LD100=600 ug/ml	
Tumor-Promoter	

MAGNESIUM Fruit 1200.0 1480.0 -0.3 *

Activities (65)

AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic 400 mg/day	
Anticephalagic	
Anticlimacteric 500-750 mg/day	
Anticonvulsant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Anticoronary 400 mg/day	Chalem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4	Werbach, M. 1993. Healing with Food. Harper Collins. New York. 443 pp.

Antiendometriotic 500 mg/day	
Antienterotic	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	
Antigastrotric	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimitral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplateque 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	
Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

MALIC-ACID Fruit -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Activities (15)

Antiatherosclerotic	
Antibacterial	
Antifibromyalgic 300 mg 3x/day	
Antioxidant Synergist	Merck 11th Edition
Antiseborrheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Bacteristat	
Bruchiphobe	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Hemopoietic	
Laxative?	Lawrence Review of Natural Products, Sep-91.
Mycobactericide	
Pesticide	

MANGANESE Bud 29.0 70.0 USDA's Ag Handbook 8 and sequelae)

Activities (14)

AntiPMS
 Antialcoholic Forest H. Nielsen, USDA, Grand Forks, various publications.
 Antianemic Martindale's 28th
 Antiarthritic
 Antidiabetic 3-5 mg/day Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antidiabetic 10-30 mg/man/day
 Antidyscotic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antidyskinetic Martindale's 28th
 Antiepileptic 450 mg/day Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
 Antiosteoporotic
 Antiototic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
 Antioxidant
 Antisyndrome-X 10-30 mg/man/day Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
 Hypoglycemic 10-30 mg/man/day

MERCURY Plant -- 0.05 -0.5 *

Activities (1)

Nephrotoxic Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

METHYL-BENZOATE Plant -- -- *

Activities (4)

Antiseptic
 Flavor FEMA 2-10 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
 Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
 Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

METHYL-CHAVICOL Leaf -- 3.0 -0.7 *

Activities (6)

Calcium-Antagonist IC50=258 uM
 DNA-Binder
 Hepatocarcinogenic Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
 Hypothermic
 Insecticide
 Pesticide

METHYL-CHAVICOL Fruit -- 60.0 -0.89 *

Activities (6)

Calcium-Antagonist IC50=258 uM
 DNA-Binder
 Hepatocarcinogenic Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
 Hypothermic
 Insecticide
 Pesticide

METHYL-EUGENOL Leaf -- 190.0 -0.78 *

Activities (20)

Anesthetic
 Antibacterial Internat. J. Oriental Med. 15(4): 199, 1990+
 Anticonvulsant
 Antidote (Strychnine)
 Antifeedant Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
 Antioxidant EC50=100 ul/l
 Antiradicular EC50=100 ul/l
 Antiseptic

Preventive	
Carcinogenic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
FLavor FEMA 5-15	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Fungistat 100 ug/ml	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Myorelaxant	Fitoterapia No.61: 254, 1990.
Narcotic	
Nematicide MIC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	

METHYL-EUGENOL Fruit -- 1500.0 -1.0 *

Activities (20)

Anesthetic	
Antibacterial	Internat. J. Oriental Med. 15(4): 199, 1990+
Anticonvulsant	
Antidote (Strychnine)	
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antioxidant EC50=100 ul/l	
Antiradicular EC50=100 ul/l	
Antiseptic	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
FLavor FEMA 5-15	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Fungistat 100 ug/ml	Laekeman, G.M., Van Hoof, L., Haemers, A., Vanden Berghe, D.A., Herman, A.G., and Vlietinck, A.J. Eugenol a Valuable Compound for In Vitro Experimental Research and Worthwhile for Further In Vivo Investigation. Phytotherapy Research 4(3): 93, 1990.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Myorelaxant	Fitoterapia No.61: 254, 1990.
Narcotic	
Nematicide MIC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	

MYRCENE Leaf -- 20.0 -0.17 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (22)

ACE-Inhibitor 100 ug/ml	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allergenic	
Analgesic	Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antibacterial	
Anticonvulsant	
Antimutagenic	Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antinitrosaminic	
Antinociceptive 10-20 mg/kg ipr mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antinociceptive 20-40 mg/kg scu mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antioxidant	Jim Duke's personal files.
Antispasmodic	Jim Duke's personal files.
Chemopreventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
FLavor FEMA 0.5-9	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Hypothermic	
Insectifuge	
Irritant	Zehovitz T C Ed 1989 Part VII Flavor and Fragrance Substances. in Keith I. H and Walters D.B. eds. Compendium of Safety Data Sheets for

Myorelaxant 100-200 mg/kg

P450-2B1-Inhibitor IC50=0.14 uM

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

Pesticide

MYRCENE Fruit -- 45.0 -0.38 *

Activities (22)

ACE-Inhibitor 100 ug/ml

Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. *Toyama-Ken Yakuji Kenkyusho Nenpo*, (20): 95-101.

Allergenic

Analgesic Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. *Environmental and Molecular Mutagenesis* 18: 28-34, 1991.

Antibacterial

Anticonvulsant

Antimutagenic Kauderer, B., Zamith, H., Paumgarten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. *Environmental and Molecular Mutagenesis* 18: 28-34, 1991.

Antinitrosaminic

Antinociceptive 10-20 mg/kg ipr mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. *J. Pharm. Pharmacol.* 42: 877-878, 1990.

Antinociceptive 20-40 mg/kg scu mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. *J. Pharm. Pharmacol.* 42: 877-878, 1990.

Antioxidant Jim Duke's personal files.

Antispasmodic Jim Duke's personal files.

Chemopreventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

FLavor FEMA 0.5-9 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungicide Keeler, R.F. and Tu, A.T. eds. 1991. *Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)* Marcel Dekker, Inc. NY. 665 pp.

Hypothermic

Insectifuge

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. *Compendium of Safety Data Sheets for Research and Industrial Chemicals.* VCH Publishers, New York. 3560-4253.

Myorelaxant 100-200 mg/kg

P450-2B1-Inhibitor IC50=0.14 uM

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

Pesticide

NIACIN Leaf 1.4 1.8 -1.16 *

Activities (39)

Allergenic Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

AntiLyme 50 mg/day

AntiMeniere's Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

AntiRaynaud's 1,500-4,000 mg/day

Antiacrodynamic

Antiallergic 50 mg/2x/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antialzheimeran

Antiamblyopic

Antianginal

Anticataract

Antichilblain Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

Anticonvulsant 3 g/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antidementia

Antidermatitic Davies, S., and Stewart, A. 1990. *Nutritional Medicine.* Avon Books, New York. 509pp.

Antidiabetic

Antidysphagic

Antiepileptic 3 g/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antihangover 50 mg

Antihistaminic 50 mg 2x/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antihyperactivity 1.5-6 g/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antiinsomnic 1 g/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antineuralgic

Antiparkinsonian 100 mg/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Antipellagic Davies, S., and Stewart, A. 1990. *Nutritional Medicine.* Avon Books, New York. 509pp.

Antiscotomic

Antispasmodic 100 mg 2x/day Werbach, M. 1993. *Healing with Food.* Harper Collins, New York, 443 pp.

Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	
Hypoglycemic	
Hypolipidemic	
Sedative	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Serotonergic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Vasodilator	Martindale's 29th

NIACIN Fruit -- 3.1 -0.77 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (39)

Allergenic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg/day	
AntiMeniere's	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
AntiRaynaud's 1,500-4,000 mg/day	
Antiacrodynamic	
Antiallergic 50 mg/2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antialzheimeran	
Antiambyopic	
Antianginal	
Anticataract	
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticonvulsant 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia	
Antidermatitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic	
Antidysphagic	
Antiepileptic 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 50 mg	
Antihistaminic 50 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihyperactivity 1.5-6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomnic 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineuralgic	
Antiparkinsonian 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipellagic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiscotomic	
Antispasmodic 100 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antivertigo	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	
Hypoglycemic	
Hypolipidemic	
Sedative	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Serotonergic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Vasodilator	Martindale's 29th

NONADECANE Plant -- -- *

OCTADECANE Plant -- -- *

OCTANOL Plant -- -- *

P-CYMEN-8-OL Fruit -- 18.0 1.0 *

P-CYMEN-8-OL Leaf -- 13.0 -0.28 *

P-CYMELE Leaf -- 78.0 -0.34 *

Activities (16)

Analgesic	Martindale's 28th
Antiacetylcholinesterase IC40=1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide LD100=50 ug/ml	

P-CYMENE Leaf -- -- *

 Essent.

 Oil

Activities (16)

Analgesic	Martindale's 28th
Antiacetylcholinesterase IC40=1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide LD100=50 ug/ml	

P-CYMENE Fruit -- 87.0 -0.57 *

Activities (16)

Analgesic	Martindale's 28th
Antiacetylcholinesterase IC40=1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

LD100=50 ug/ml

PENTADECANE	Plant	--	--		*
PENTANOL	Plant	--	--		*
PHOSPHORUS	Fruit	1100.0	1235.0	-0.6	*

Activities (4)

Antiosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Anxiolytic					
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				

PHOSPHORUS	Leaf	1173.0	1399.0	-0.66	*
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Activities (4)

Antiosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Anxiolytic					
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				

PHYTOSTEROL	Fruit	610.0	665.0		Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
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PHYTOSTEROLS	Fruit	--	666.0	-0.36	*
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Activities (2)

Antiprostatic	
Hypocholesterolemic	

PIMENTOL	Fruit	--	800.0		*
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POTASIUUM	Fruit	11000.0	11410.0	-0.55	*
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POTASSIUUM	Fruit	11000.0	11410.0	-0.58	*
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Activities (14)

Angiotensin-Receptor-Blocker	
Antiarrhythmic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive	
Antispasmodic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antistroke	
Anxiolytic	
Beta-Blocker	
Cardioprotective 3,000-5,000 mg	
Cardiotoxic 18,000 mg/man/day	
Diuretic	
Hypotensive	
Vasodilator	

PROANTHOCYANIDINS	Fruit	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
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Activities (34)

AntiCVI 100 mg/day/man	
Antiallopecic	
Antiatherosclerotic	
Antibacterial	
Antidiabetic	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiedemic 400 mg/kg/day orl rat	
Antihistaminic	
Antiischemic	
Antioxidant >Vit E-succinate	
Antioxidant 5 x Vit. E	
Antiperiodontal	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplateau	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiretinopathic
 Antiseptic
 Antistroke 200 mg/kg orl rat
 Antitumor
 Antiviral
 Beta-Glucuronidase-Inhibitor IC50=1 uM
 Capillariprotective
 Cardioprotective
 Collagenase-Inhibitor
 Collagenic
 Deodorant Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
 Elastase-Inhibitor IC50=~4 uM
 Gram(+)icide
 Gram(-)icide
 Hepatoprotective
 Hyaluronidase-Inhibitor IC50+=50-80 uM
 Hypoglycemic Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
 Ornithine-Decarboxylase-Inhibitor
 Propepic
 Vasodilator
 Vasorelaxant

PROTEIN	Fruit	117000.0	134000.0	0.33	*
QUERCETIN-3-O-BETA-D-XYLOSIDE	Fruit	--	--		*
QUERCITRIN	Fruit	--	--		*

Activities (44)

ACE-Inhibitor IC50=0.67 mM/

Aldose-Reductase-Inhibitor IC50=2 uM Terashima, S., Shimizu, M., Nakayama, H., Ishikura, M., et al. 1990. Studies on Aldose Reductase Inhibitors from Medicinal Plant of 'Sinfito,' *Potentilla candicans*, and Further Synthesis of Their Related Compounds. *Chem. Pharm. Bull* 38(10):2733-2736, 1990

Aldose-Reductase-Inhibitor IC55=0.15 uM

Aldose-Reductase-Inhibitor 0.1-100 uM

Aldose-Reductase-Inhibitor 0.5-4 ug/ml

Aldose-Reductase-Inhibitor IC50=64 uM rat

Al-Khalil, S. 1996. Inhibition of Lens Alkaloids Reductase by Protopine Alkaloids. *Saudi Pharm J*, 4(1): 45-47.

Aldose-Reductase-Inhibitor IC55=0.1 uM

Antiarrhythmic

Antibacterial Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

Anticataract

Antiedemic Huang, K. C. 1993. *The Pharmacology of Chinese Herbs.* CRC Press, Boca Raton, FL 388 pp.

Antifeedant IC52=<1,000 ppm diet Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, *Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology*, v. 4, Oryx Press, Phoenix, 1989, 267pp.

Antiflu Leung, A.Y., *Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics*, John Wiley & Sons, New York, 1980.

Antihemorrhagic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

Antihepatotoxic

Antiherpetic *Economic & Medicinal Plant Research*, 5: 198.

Antiinflammatory Huang, K. C. 1993. *The Pharmacology of Chinese Herbs.* CRC Press, Boca Raton, FL 388 pp.

Antimutagenic ID50=2-5 nM *Phenolic Compounds in Food and Their Effects on Health. Antioxidants & Cancer Prevention.* Huang, M.T., Ho, C.T. and Lee, C.Y. eds. 1992. ACS Symposium Series 507.ACS, Washington 402 pp.

Antioxidant IC50=120 uM

Antipurpuric

Antispasmodic

Antistaphylococcic 0.41%

Antithrombogenic

Antitumor

Antiulcer Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

Antiviral

CNS-Depressant

Cancer-Preventive Stitt, P. A. *Why George Should Eat Broccoli.* Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Choleretic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Cyclooxygenase-Activator 200 uM	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Detoxicant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Diuretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Dye	Merck 11th Edition
Hemostat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hepatotonic	
Hypoglycemic	Economic & Medicinal Plant Research, 6: 189.
Hypotensive	
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
MAO-A-Inhibitor	
MAO-Inhibitor	
Paralytic	
Pesticide	
Vasopressor	

RIBOFLAVIN Leaf 2.3 3.5 -0.16 *

Activities (15)

AntiLyme 50 mg/day	
Antiarabiflavynotic 2-10 mg/day orl	Martindale's 28th
Anticarpal-Tunnel 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticephalagic	
Anticervicaldysplasic 1.6-10 mg/day	
Anticheilitic	
Antidecubic	
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antikeratitic	
Antimigraine	
Antioxidant	
Antipellagic	
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

RIBOFLAVIN Fruit -- 0.7 -0.92 *

Activities (15)

AntiLyme 50 mg/day	
Antiarabiflavynotic 2-10 mg/day orl	Martindale's 28th
Anticarpal-Tunnel 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 15 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticephalagic	
Anticervicaldysplasic 1.6-10 mg/day	
Anticheilitic	
Antidecubic	
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antikeratitic	
Antimigraine	
Antioxidant	
Antipellagic	
Antiphotophobic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

SABINENE Leaf -- -- *
Essent.
Oil

Activities (5)

Antibacterial	
Antihelicobacter	
Antiseptic	
Antiulcer	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Activities (5)

Antibacterial	
Antihelicobacter	
Antiseptic	
Antiulcer	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

SALICYLATES Fruit 5.0 55.0 -0.18 *

Activities (7)

Antiaggregant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antiinflammatory	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antipyretic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antiuricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Hyperglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Hypoglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Uricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

SELENIUM Plant -- 0.04 -0.43 *

Activities (60)

AP-1-Inhibitor 2-50 uM	
Analgesic 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anorexic	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
AntiHIV	
AntiNF-kB	
Antiacne 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiaggregant	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiangiogenic 2 uM	
Antiangiogenic 230 ug/kg orl rat	
Antiarthritic	
Antiasthmatic	
Antiatherosclerotic	
Anticataract 400 ug/day	
Anticirrhotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticlimacteric 200 ug/day	
Anticoronary 200 ug/day	
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant 200 ug/day	
Antidote (Mercury)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifibrotic 400 ug	
Antigout 200 ug	
Antikeshan	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileukemic 1.6 mg/kg ipr mus	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimaclitic	
Antimelanomic 480 ug/kg	
Antimenopausal 200 ug/day	
Antimetastatic 480 ug/kg	
Antimyalgic 200 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiosteoarthritic	
Antioxidant 100-200 (-400) ug/man/day	
Antiparkinsonian 200-400 ug/day	
Antiproliferant 2 uM	
Antiradicular 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antirheumatic	
Antisyndrome-X 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Breast) 333.6 ug/day	
Antitumor (Breast) 0.8 mg/kg scu mus	

Antitumor (Breast) 230 ug/kg orl rat	
Antitumor (Lung) 240 ug/kg diet	
Antitumor (Prostate)	
Antitumor (brain) 38-150 ug/kg	
Antiulcerogenic	Rafatullah, S., Tariq, M., Al-Yahya, M.A., Mossa, J.S., and Ageel, A.M. 1989. Evaluation of Turmeric (Curcuma longa) for Gastric and Duodenal Antiulcer Activity in Rats. J. of Ethnopharmacology, 29: 25-34, 1990.
Anxiolytic	
Apoptotic	
Cancer-Preventive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cardioprotective 200 ug/day	
Depressant	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
Fungicide	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunomodulator	
Immunostimulant 100-200 (- 400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reverse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
NF-kB-Inhibitor	
Ornithine-Decarboxylase- Inhibitor	
Pesticide	
Polyamine-Synthesis-Inhibitor	
Prostaglandin-Sparer	Fujita, T., Nakatani, E., Funaishi, N., Sakuma, S., Fujimoto, Y. Potent inhibition of prostaglandin inactivation in rabbit gastric antral mucosal slices by selenium ions in-vitro. J. Pharm. Pharmacol. 42: 655-657, 1990.
Protein-Kinase-C-Inhibitor IC50=2-50 uM	
VEGF-Inhibitor	

SELINA-3,11-DIENE	Plant	--	--		*
SELINA-4,11-DIENE	Plant	--	--		*
SELINE-4(14),11- DIENE	Plant	--	--		*
SODIUM	Fruit	800.0	842.0	-0.1	*

Activities (1)

Hypertensive Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

SPATHULENOL	Fruit	--	60.0	1.0	*
STIGMASTEROL	Fruit	--	30.0	-0.76	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Activities (12)

Antihepatotoxic	
Antiinflammatory	Lawrence Review of Natural Products, 1995
Antinociceptive	
Antiphidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC33=10 uM	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in Artemisia annua. Plant Science, 75: 161-165, 1991.
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, c., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of Melodorum fruticosum. Phytochemistry. 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Estrogenic	
Hypocholesterolemic	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ovulant	
Sedative	

STRONTIUM	Plant	--	20.0	-0.88	*
T-MUUROLOL	Plant	--	--		*
TERPIN-1-EN-4-OL	Leaf Essent. Oil	--	--		*
TERPINEN-4-OL	Fruit	--	1260.0	-0.17	*

Activities (23)

Allelopathic Wright.C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei.M.(Ed)2002.Vetiveria.The Genus

Antiacetylcholinesterase
IC21-24=1.2 mM

Antiacne	
Antiallergic	
Antiasthmatic	Chin. J. Tuber. Respir. Dis., 4:203, 1982.
Antibacterial	
Antioxidant	
Antiseptic	Flav. & Frag. J. 9: 129.
Antispasmodic	
Antitussive	Chin. J. Tuber. Respir. Dis.
Antiulcer	
Bacteriostatic	Chin. J. Tuber. Respir. Dis.
Diuretic 0.1 ml/rat	
Fungicide	
Herbicide IC50=200 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=22 µM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Renoirritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Spermicide ED100=0.015	
Vulnerary	Lawrence Review of Natural Products, Jan-91.

TERPINOLENE Fruit -- 42.0 -0.48 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (9)

Allelochemic	
Antifeedant	
Antinitrosaminic	
Antioxidant	
Deodorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 15-60	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

TERPINOLENE Leaf -- -- *

Essent. Oil

Activities (9)

Allelochemic	
Antifeedant	
Antinitrosaminic	
Antioxidant	
Deodorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 15-60	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

TERPINOLENE Leaf -- 27.0 -0.2 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

Activities (9)

Allelochemic	
Antifeedant	
Antinitrosaminic	
Antioxidant	
Deodorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 15-60	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Pesticide					
TETRACOSANE	Plant	--	--		*
TETRADECANE	Plant	--	--		*
THIAMIN	Leaf	1.1	1.7	-1.38	*

Activities (31)

Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg	
Antialcoholic 50-100 mg/day	
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiberiberi	
Anticanker	
Anticardiospasmic	
Anticataract	
Anticolitic	
Antidecubic	
Antideliriant	
Antidementia	
Antidyspeptic	
Antiencephalopathic	Martindale's 29th
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antigastritic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihangover 50 mg	
Antiheartburn	
Antiherpetic	
Antimigraine	
Antimyocarditic	
Antineuralgic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineurasthenic	
Antineuritic	
Antineuropathic 50 mg	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipoliomyelitic	
Insectifuge 75-150 mg/man/day	Martindale's 28th
Neuroprotective	
Pesticide	

THIAMIN	Fruit	--	1.1	-0.54	*
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Activities (31)

Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg	
Antialcoholic 50-100 mg/day	
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiberiberi	
Anticanker	
Anticardiospasmic	
Anticataract	
Anticolitic	
Antidecubic	
Antideliriant	
Antidementia	
Antidyspeptic	
Antiencephalopathic	Martindale's 29th
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antigastritic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihangover 50 mg	

Antiherpetic					
Antimigraine					
Antimyocarditic					
Antineuralgic 1-4 g/day					Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineurasthenic					
Antineuritic					
Antineuropathic 50 mg					Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipoliomyelitic					
Insectifuge 75-150 mg/man/day					Martindale's 28th
Neuroprotective					
Pesticide					

TOLUENE	Plant	--	--		*
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Activities (1)					
Encephalopathic					Martindale's 29th

TRANS-2-HEXENAL	Plant	--	--		*
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Activities (4)					
FLavor FEMA 0.7-20					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Paramecicide					ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Pesticide					
Prosticide					ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

TRANS-ANETHOLE	Plant	--	--		*
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Activities (8)					
Analgesic 10-100 ug/ml					
Anesthetic 10-100 ug/ml					
Antigenotoxic 40-400 mg/kg orl mus					
Antioxidant					
Antiradicular					
Calcium-Antagonist IC50=75.2 uM gpg (weak activity)					
FLavor FEMA 1,250-3,150					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Sweetener 13 x sucrose					

TRANS-BETA-OCIMENE	Leaf Essent. Oil	--	--		*
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TRANS-OCIMENE	Fruit	--	35.0	-1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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TRANS-OCIMENE	Leaf	--	17.0	-0.89	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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TRANS-P-MENTHA-1(10),5,DIENE-2-OL	Plant	--	--		*
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TRICOSANE	Plant	--	--		*
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TRIDECANE	Plant	--	--		*
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UNDECANE	Plant	--	--		*
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VALERALDEHYDE	Plant	--	--		*
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VANADIUM	Plant	--	0.2	1.0	*
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Activities (16)					
ATPase-Inhibitor					Pizzomo, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic ?25-100 ug/man/day?					Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserlse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiinfertility					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinsulinogenic					Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserlse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antimanic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antisyndrome-X ?25-100 ug/man/day?					Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserlse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Cancer-Preventive?					
Cardioprotective?					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hypocholesterolemic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Hvboldvcmic					Challem. I., Berkson, Burt. and Smith, Melissa Dianne. 2000. Svndrome X - The complete nutritional proogram to prevent and reserlse insulin

Hypotensive	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotriglyceridemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Nephrotoxic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Pancreatotoxic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Toxic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95

ZINC Fruit 11.0 20.0 -0.31 *

Activities (77)

ACE-Inhibitor	
Analgesic	
AntiBPH 25-60 mg/day	
AntiCrohn's	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiHIV	
Antiacne 135 mg/day	
Antiacrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th
Antialcoholic	
Antialopepic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticolitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticoronary 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidysgeuzic	
Antieczemic 150 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antiherpetic? 25-60 mg/day	
Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinfertility 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileptic	Martindale's 29th
Antileukonychic	
Antilymphomic	
Antimaculitic	
Antimetastatic	
Antineuropathic	
Antinyctalopic	
Antibesity 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiosteoporotic	
Antiperiodontitic	
Antiplaque	Martindale's 29th
Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antispare-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95

mg/man/3x/day	
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnitic 60-120 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Leptingenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. J. Pharm. Pharmacol. 42: 657-659, 1990.
NF-kB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Testosteronigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th

ZONARENE Plant -- -- *